



ALLERGEN INFORMATION - RESTAURANTS

17/09/2025

ISSUE 53

SMALL PLATES, STARTERS & SHARERS	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan	Alcohol in recipe (cooked off)	Additional information
Honey & mustard pigs									•					•	x	x	x	Sausages are filled into beef casings
Free range pork scratchings with apple sauce															x	x	x	
Halloumi chips with sweet chilli and lemon							• cow sheep goat							•	✓	x	x	
Parsnip & kale fritters with lemon & thyme vegan mayonnaise		• wheat												•	✓	✓	x	
Padron peppers with rosemary salt															✓	✓	x	
Oyster mushroom 'calamari' with chilli & lime dip		•• see additional information												•	✓	✓	x	Cooked in a fryer that is also used for gluten containing items.

CLASSIC PIES	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan	Alcohol in recipe (cooked off)	Additional information
Chana Rama	•	• wheat							•			•	•	•	✓	✓	x	
Mooless Moo		• wheat barley							•			•	•		✓	✓	✓	
Wild Shroom		• wheat barley					•		•			•	•		✓	x	✓	
Heidi		• wheat					•		•			•	•		✓	x	x	
Big Cheese Pie	•	• wheat barley oats					•		•			•	•	•	✓	x	✓	
Free Ranger		• wheat					•		•			•	•		x	x	✓	
Fungi Chicken		• wheat barley					•		•			•	•		x	x	✓	
Moo		• wheat barley					•		•			•	•		x	x	✓	
Moolin Rouge		• wheat barley					•		•			•	•		x	x	✓	
Moo & Blue		• wheat barley					•		•			•	•		x	x	✓	
Kate & Sidney	•	• wheat barley					•		•			•	•		x	x	✓	
Deer and Beer		• wheat barley oat					•		•			•	•		x	x	✓	

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FILO PIES	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan	Alcohol in recipe (cooked off)	Additional information
Goat's Cheese & Sweet Potato Filo		● wheat					●		●			●	●		✓	x	x	
Spinach & Feta Filo		● wheat					●		●			●	●		✓	x	x	

HANDY PIES	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan	Alcohol in recipe (cooked off)	Additional information
Chicken Tikka		● wheat ● barley					●		●			●	●		x	x	x	
Peppered Steak		● wheat ● barley					●		●			●	●		x	x	✓	
Cheese and Onion		● wheat ● barley					●		●			●	●		✓	x	x	
Banger and Bean		● wheat ● barley							●			●	●		✓	✓	x	

GLUTEN FREE PIES	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan	Alcohol in recipe (cooked off)	Additional information
Gluten Free Mooless Moo		Contains gluten-free barley malt extract. Ale is made from gluten containing grains (wheat & barley) but gluten removed during processing. Pie <20ppm gluten.							●				●		✓	✓	✓	
Gluten Free Moo		Contains gluten-free barley malt extract. Ale is made from gluten containing grains (wheat & barley) but gluten removed during processing. Pie <20ppm gluten.					●		●				●		x	x	✓	
Gluten Free Ranger							●		●				●		x	x	✓	
Gluten free Big Cheese	●						●		●				●	●	✓	x	✓	

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SIDES	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan	Alcohol in recipe (cooked off)	Additional information
Mash							●								✓	x	x	
Vegan mash		● wheat					●		●				●	●	✓	✓	x	
Minty mushy peas															✓	✓	x	
Garden peas (remove butter if vegan option requested)							● butter								✓	x*	x	* butter can be removed for vegan option
Smoky baked beans															✓	✓	x	
Pieminister slaw										● almond cashew pistachio	●	●		●	✓	✓	x	
Fries with rosemary salt															✓	✓	x	
Cheesy mash							●								✓	x	x	
Onion rings		● wheat barley													✓	✓	✓	
Tenderstem broccoli, peas and shoots in a lemon and olive oil dressing	●	●							●					●	✓	✓	x	

STICKS & EXTRAS	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan	Alcohol in recipe (cooked off)	Additional information
Honey and mustard pigs stick									●					●	x	x	x	Sausages are filled into beef casings.
Parsnip & kale fritter stick		● wheat													✓	✓	x	
Halloumi stick							● cow sheep goat								✓	x	x	
Onion ring stick		● wheat barley													✓	✓	✓	
Yorkie pud stick		● wheat		●			●								✓	x	x	
Padron pepper stick															✓	✓	x	
Cheddar cheese							●								✓	x	x	
Vegan cheese															✓	✓	x	
Gluten Free crispy onions															✓	✓	x	
Pieminister Classic Gravy		contains gluten-free barley malt extract													✓	✓	x	
Tzatziki							●					●			✓	x	x	

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OTHER ITEMS	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan	Alcohol in recipe (cooked off)	Additional information
Pie Minister spicy tomato ketchup									•						✓	✓	x	
Hellman's Mayonnaise				•											✓	x	x	
Lea & Perrins Worcester sauce		• barley			•										x	x	x	
HP Sauce		• barley rye													✓	✓	x	
Heinz tomato ketchup	•	•													✓	✓	x	
Tabasco sauce															✓	✓	x	
English mustard (Colman's)		• wheat							•						✓	✓	x	
Squeezy chocolate sauce													•		✓	✓	x	
Squeezy toffee fudge sauce							•						•		✓	x	x	
Honey															✓	x	x	
Henderson's relish															✓	✓	x	

KIDS MENU	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan	Alcohol in recipe (cooked off)	Additional information
Kids sausage & mash with gravy, peas (no butter)		contains gluten-free barley malt extract					•							•	x	x	✓ if served with gravy	
Kids fish fingers & mash with peas (no butter) and gravy		• wheat barley		•	•		•		•						x	x	✓ if served with gravy	
Kids vegan sausage, vegan mash, gravy, peas (no butter)		• wheat barley					•		•				•	•	✓	✓	✓ if served with gravy	
Orange Juice															✓	✓	x	
Apple Juice															✓	✓	x	
Kids ice cream							•								✓	x	x	

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SUNDAY BEST/BUNDLES	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan	Alcohol in recipe (cooked off)	Additional information
White Barm (for Brassic)		● wheat		●			●			●		●	●		✓	x	x	
Pork scratching															x	x	x	
Honey and mustard pig									●					●	x	x	x	Sausages are filled into beef casings.
Baby roasties															✓	✓	x	
Carrot & swede mash															✓	✓	x	
Yorkshire pudding		● wheat		●			●								✓	x	x	
Pies - see pie list																		
Mash							●								✓	x	x	
Vegan mash		●					●		●				●	●	✓	✓	x	
Stuffing balls		● wheat													✓	✓	x	
Pie Minister Classic Gravy		contains gluten-free barley malt extract													✓	✓	x	

FILO SO GOOD	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan	Alcohol in recipe (cooked off)	Additional information
Filo pie - see pie list																		
Sides - see sides list																		
Spiced Vegan Mayo									●						✓	✓	x	
Tzatziki							●					●			✓	x	x	
Crispy Potatoes															✓	✓	x	
Tenderstem Broccoli, Peas and Shoots in a lemon and olive oil dressing	●	●							●					●	✓	✓	x	

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PUDDINGS	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan	Additional information
Warm chocolate brownie		● wheat ● rye barley oat		●			●			● all nuts	●	●	●	●	✓	x	
Espresso martini affogato													●		✓	✓	contains alcohol
Sticky toffee pud		● wheat		●			●						●		✓	x	
Hot chocolate pud		● wheat		●			●						●		✓	x	
Vanilla scoop ice cream							●								✓	x	
Chocolate scoop ice cream							●			● all nuts					✓	x	
Chocolate brownie		● wheat ● rye barley oat		●			●			● all nuts	●	●	●	●	✓	x	
Mud Pie Sundae		● wheat ● rye barley oat		●			●			● all nuts	●		●		✓	x	
Pecan Pie Sundae				●			●			● pecan ● all nuts	●		●	●	✓	✓	
Dairy Free Custard													●		✓	✓	
Vegan Salted Caramel Ice Cream				●			●			● all nuts	●		●		✓	✓	
Honey Nut Crunch Flapjack		● oat barley ● wheat rye		●			●			● almonds ● hazelnuts ● all nuts	●	●	●	●	✓	x	
Raspberry Bakewell		● wheat ● barley rye oat		●			●			● almonds ● all nuts	●	●	●	●	✓	x	
Raspberry Almond Crumble		● wheat		●			●			● almonds ● all nuts		●			✓	x	
Caramel & Apple Crumble Pie		● wheat		●			●			● almonds ● all nuts		●			✓	x	
Edible Gold Dust															✓	✓	

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SOFT DRINKS	BRAND	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan
Chocolate milkshake	Chocolate ice cream, chocolate syrup, milk, chocolate sprinkles, whipped cream		● wheat		●			●			● nuts all	●		●		✓	x
Vegan salted caramel oatshake	Vegan salted caramel 'ice cream', agave caramel syrup, oat milk		● oat ● wheat rye barley spelt kamut		●			●			● all nuts	●		●		✓	✓
Raspberry ripple milkshake	Vanilla ice cream, frozen raspberries, milk, DaVinci raspberry sauce				●			●			● all nuts			●		✓	x
Fiery ginger beer	Thinkdrinks															✓	✓
Ginger beer	Old Jamaica															✓	✓
Sparkling elderflower	Thinkdrinks															✓	✓
Zesty cloudy lemonade	Thinkdrinks															✓	✓
Orange juice	Sunpride															✓	✓
Cranberry juice	Sunpride		● wheat												●	✓	✓
Cranberry juice	Ocean Spray															✓	✓
Apple juice	Sunpride															✓	✓
Still water (330ml, 500ml, 750ml)	Any															✓	✓
Fizzy water (330ml, 500ml, 750ml)	Any															✓	✓
Tonic water	Schweppes															x	x
Draught lemonade	Thinkdrinks															✓	✓

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SOFT DRINKS	BRAND	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan	Additional information
Coke can	Coke															✓	✓	
Coke Zero can	Coke															✓	✓	
Organic Lemony Lemonade	Karma															✓	✓	
Trip Peach & Ginger CBD Infused	Trip													●		✓	✓	Contains CBD (15mg)
Trip Lemon Basil CBD Infused	Trip													●		✓	✓	Contains CBD (15mg)
R whites lemonade	R whites															✓	✓	
Cawston press apple & rhubarb	Cawston press															✓	✓	
Cawston press cloudy apple	Cawston press															✓	✓	
Cawston press elderflower lemonade	Cawston press															✓	✓	

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COFFEE, TEA & CHOCOLATE	BRAND	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan
Flat white	Extract		● oat (may contain wheat, rye, barley, spelt, kamut) if oat milk used					● if used						● if soya milk used		✓	X*
Cappuccino	Extract		● oat (may contain wheat, rye, barley, spelt, kamut) if oat milk used					● if used						● if soya milk used		✓	X*
Latte	Extract		● oat (may contain wheat, rye, barley, spelt, kamut) if oat milk used					● if used						● if soya milk used		✓	X*
Cortado	Extract		● oat (may contain wheat, rye, barley, spelt, kamut) if oat milk used					● if used						● if soya milk used		✓	X*
Mocha	Extract		● oat (may contain wheat, rye, barley, spelt, kamut) if oat milk used					● if used						● if soya milk used		✓	X*
Macchiato	Extract		● oat (may contain wheat, rye, barley, spelt, kamut) if oat milk used					● if used						● if soya milk used		✓	X*
Americano	Extract															✓	✓
Espresso	Extract															✓	✓
Chocolate syrup	Sweetbirds															✓	✓
Vanilla syrup	Sweetbirds															✓	✓
Salted caramel syrup	Sweetbirds															✓	✓
Hot chocolate	Extract							●								✓	X*
English breakfast tea	Canton															✓	✓
Green tea	Canton															✓	✓
Chamomile tea (bags & loose)	Canton	●								●						✓	✓
Earl Grey tea bags	Canton															✓	✓

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Earl grey loose leaf tea	Canton	●								●						✓	✓
Lemongrass and ginger tea	Canton															✓	✓
Peppermint tea (bags & loose)	Canton	●								●			●			✓	✓
Milk	Brakes							●								✓	✗
Soya milk	Alpro													●		✓	✓
Sugar sticks	Extract															✓	✓
Oatly oat milk	Oatly		● oat (may contain wheat, rye, barley, spelt, kamut) if oat milk used													✓	✓

WINE & PROSECCO	BRAND	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan
House white	Mirabello Pinot Grigio															✓	✓
House white	Sartori Pinot Grigio															✓	✓
House rose	Mirabello Pinot Rose															✓	✓
House red	Reserve St Marc Merlot															✓	✗
House red	San Abello Merlot														●	✓	✓
Prosecco	Colli Vicentini														●	✓	✓
Prosecco	Borsari Frizzante														●	✗	✗
Rose - pinot grigio	Mirabello														●	✓	✓
Pinot grigio blush	Il Conto Vecchio														●	✗	✗
Nice Pale Rosé	Nice														●	✓	✓
Nice Malbec	Nice														●	✓	✓
Nice Sauvignon Blanc	Nice														●	✓	✓

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COCKTAILS	DESCRIPTION	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan
Rhubarbie	Bau gin, rhubarb liqueur, raspberry, strawberry, apple juice, cider vinegar, patisserie bitters, vegan foam															✓	✓
Mango Daiquiri	Duppy White rum, mango, lime															✓	✓
Strawberry Collins	Bau gin, strawberry, elderflower liqueur, agave, lime															✓	✓
Espresso Martini	Bau vodka, coffee liqueur, Pedro Ximénez sherry, demerara															✓	✓
Margarita	Cazcabel blanco tequila, Bau triple sec, Damiana, lime, agave															✓	✓
Passionfruit Martini	Bau vodka, passionfruit, vanilla, lime															✓	✓
Mai Tai	Mount Gay Eclipse Rum, Hampden Estate Rum, Gosling Black Seal Rum, organic almond syrup, falernum syrup, lime, Bau										● almond					✓	✓
Gingerbread Espresso Martini	Bau vodka, coffee liqueur, Pedro Ximénez sherry, demerara, gingerbread bitters															✓	✓
Sloe Gin Sour	Bourbon, sloe gin, port, vanilla, lime, vegan foam.															✓	✓
Winter Spritz	Evergreen amaro, prosecco, soda water.															✓	✓
Twisted Bramble	Bau Ramble Batch, Bau lime, Soda water and raspberries														●	✓	✓

SPRITZ	DESCRIPTION	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan
Aperol Spritz	Aperol, Colli Vicentini prosecco, soda, orange slice														●	✗ Borsari frizzante prosecco supplier not confirmed vegetarian	✗ Borsari frizzante prosecco supplier not confirmed vegan
Lychee & Hibiscus Spritz	Bau gin, elderflower, hibiscus, lychee, soda															✓	✓
Tropical Spritz	Bau vodka, branca menta, grapefruit, pineapple, lime, soda															✓	✓
Elderflower Spritz	Bau gin, elderflower liqueur, British herbal liqueur, lemon, agave, soda															✓	✓

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MOCKTAILS	DESCRIPTION	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan
Apple Ginger Shrub Mocktail	Fiery ginger beer, apple, lime, apple cider vinegar, mint & cinnamon														●	✓	✓
Pomegranate & Orange	Tanqueray flor de Sevilla 0.0%, pomegranate, orange, tonic															x	x
Pina Colada	Coconut, pineapple, lime										● All nuts			●		✓	✓

BEERS & CIDERS	BRAND	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan
Camden town brewery Hells Lager	Camden Town		● wheat barley													✓	✓
Camden town brewery Pale Ale	Camden Town		● wheat barley													✓	✓
Favela organic lager	Favela															✓	✓
Favela IPA	Favela															✓	✓
Orchard Pig Reveller	Orchard Pig														●	✓	✓
Koppaberg Mixed Fruit	Koppaberg														●	x	x
Koppaberg Strawberry & Lime	Koppaberg														●	x	x
Lucky Saints 0.5% Lager	Lucky Saints		● barley													✓	✓
Lucky Saints 0.5% Hazy IPA	Lucky Saints		● wheat barley oat													✓	✓

SPIRITS	BRAND	Celery	Cereal (Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nut	Peanut	Sesame Seed	Soya	Sulphur dioxide	Vegetarian	Vegan
Dry gin	JJ Whitely															✓	✓
Sauza Tequila	Sauza															✓	✓
Jose Cuervo Especial Silver Tequila	Jose Cuervo															✓	✓
Appleton's rum	Appleton's															✓	✓
Stolichnaya vodka	Stolichnaya															✓	✓
Russian Vodka	Moskovslaya															✓	✓
Red Label Vodka	Smirnoff															✓	✓

Information correct at time of print.
Issued by: HJC

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- * Yes, if plant-based milk is used